## Strategies to reduce Slips, Trips and Falls

- 1. Determine what the problem is;
  - a. Analyze where and when slip, trip, and/or fall issues occur and look for any trends. If you find trends in specific locations focus the interventions on those first.
- 2. Audit facility specifically for slip, trip, and fall issues;
  - Focus on housekeeping and any items that can cause slips, trips and falls.
    Empower employees in this process to take ownership. Audit types of shoes and footwear as well.
- 3. Correct any items you can;
  - a. Focus on the things you can change easily like securing cords on floors, repair floor surfaces that are cracked or broken, repair leaks, secure rugs and mats, place grip strips on stairs...etc...
- 4. Use engineering controls;
  - a. Consider slip resistant floors and treatments
  - b. Increase lighting
- 5. Footwear Policy;
  - a. Create a shoe / footwear policy. Things to consider...closed toe shoes, slip resistant soles, substantial materials the shoes should be made of based on the industry.
- 6. Create a reporting process;
  - a. Have an easy way for employees to report slip, trip or fall hazards and ensure that items reported are addressed.
- 7. Train employees;
  - a. Train on reporting, general awareness (what's the causes), proper walking techniques, use proper ladders (not chairs or stools or other items).
- 8. Hold employee accountable;
  - a. Use the discipline policy to enforce that employees report and follow the program requirements to prevent these injuries.